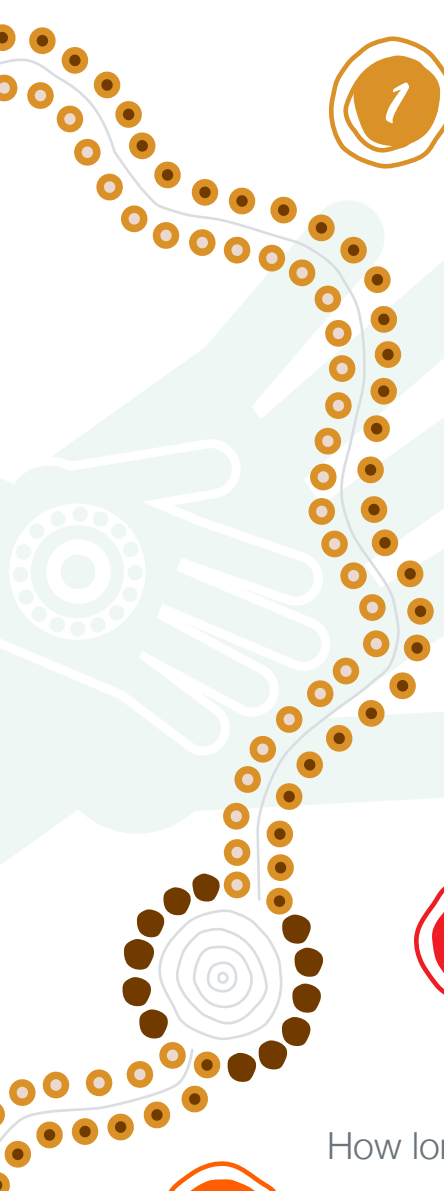




Five questions to ask your doctor

(Whadjuk Noongar language)

Some tests, treatments and procedures provide little benefit. And in some cases, they may even cause harm. Use the five questions to make sure you end up with the right amount of care - not too little and not too much.



Do I really need this test, treatment or procedure?

Do I really need this treatment?

Kanandjil ali ngany karnadjil nganalo nidja bood-la



What are the risks?

What is to chance?

Naatj be wilyan?



Are there simpler, safer options?

What are safer options?

Naatj be ngabala ngoonda options?



What happens if I don't do anything?

What if I do nothing?

Naatj mining ngany yoowart warniny?



How long will it take me to recover?

How long will it take me to get better?

Yarmen woori ngaadjool yogow wangen



Healthy People, Amazing Care
Koorda Moort, Moorditj Kwabadek

We respectfully acknowledge the past and present traditional owners of this land, the Wadjuk people of the Noongar Nation.



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