

AUSTRALIA'S HEALTH SERVICES CHAMPION CHOOSING WISELY

Are you interested in becoming a Champion Health Service for Choosing Wisely Australia and playing a key role in delivering quality evidence-based care for the benefit of all Australians?

Choosing Wisely Australia® is being embraced nationally as a key driver in improving the quality of the nation's healthcare system. Since launching in April 2015, the initiative has been challenging current perceptions in healthcare through new lists of recommendations developed by Australia's peak medical bodies around specific tests, treatments and procedures.

About Choosing Wisely

Choosing Wisely Australia is part of a global initiative enabling clinicians, consumers and healthcare stakeholders to start important conversations about tests, treatments and procedures where evidence shows they provide no benefit and, in some cases, lead to harm. The initiative is being led by Australia's medical colleges and societies and is facilitated by NPS MedicineWise.

“Join an important national conversation about unnecessary tests, treatments and procedures.”

Evidence-based practice

Choosing Wisely draws on the expertise of Australia's peak medical bodies to develop lists of the tests, treatments, medicines and procedures that clinicians and consumers should question. This ensures people have the knowledge they need to make informed decisions about what care is appropriate.

Since launching last year, more than 120 recommendations highlighting care to question have been published by Australian medical colleges, societies and associations.

A number of Australian health services have also joined the initiative, working in collaboration with Choosing Wisely and NPS MedicineWise to help provide their patients with better quality healthcare.

Our health service members

Health services are leading the implementation of Choosing Wisely Australia through clinician-led initiatives. For example, hospitals are bringing together champions of quality evidence-based care - from specialist units, general medicine, nurses and medical trainees - under the Choosing Wisely umbrella.

For Choosing Wisely to have an impact on healthcare service delivery, it is vital that health services are championing the initiative at a local level. From Primary

Health Networks and Local Health Districts, to hospitals and primary care practices, Choosing Wisely Australia encourages health services to engage in reducing unnecessary tests, treatments or procedures that are prevalent in their particular settings.

Member benefits

Participation as a Choosing Wisely health service member provides a range of opportunities:

- ▶ promotion as a Choosing Wisely Champion
- ▶ connections to a growing network of engaged clinicians and health services
- ▶ connections to health professional colleges, societies and associations
- ▶ being part of a forum that shares ideas and supports learning
- ▶ potential to jointly apply for funding
- ▶ access to relevant resources
- ▶ development of resources
- ▶ collaboration on evaluation of impact.



More information

If you'd like to become a Choosing Wisely Australia Champion Health Service, please contact us at choosingwisely@nps.org.au or visit choosingwisely.org.au