



**Choosing Wisely
Australia**

An initiative of NPS MedicineWise

Becoming a Choosing Wisely Champion Health Service

About Choosing Wisely

Choosing Wisely Australia is part of a global initiative enabling clinicians, consumers and healthcare stakeholders to start important conversations about tests, treatments and procedures where evidence shows they provide no benefit and, in some cases, lead to harm. The initiative is led by Australia's medical colleges and societies and is facilitated by NPS MedicineWise.

Health services are leading the implementation of Choosing Wisely Australia through clinician-led initiatives and playing a key role in delivering quality evidence-based care for the benefit of all Australians.

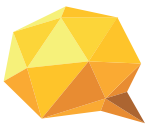
Our objectives



Change clinician and consumer attitudes about unnecessary tests, treatments and procedures.



Engage consumers in conversations about what tests, treatments or procedures are needed and which are unnecessary.



Change clinical practice to reduce unnecessary tests, treatments and procedures.

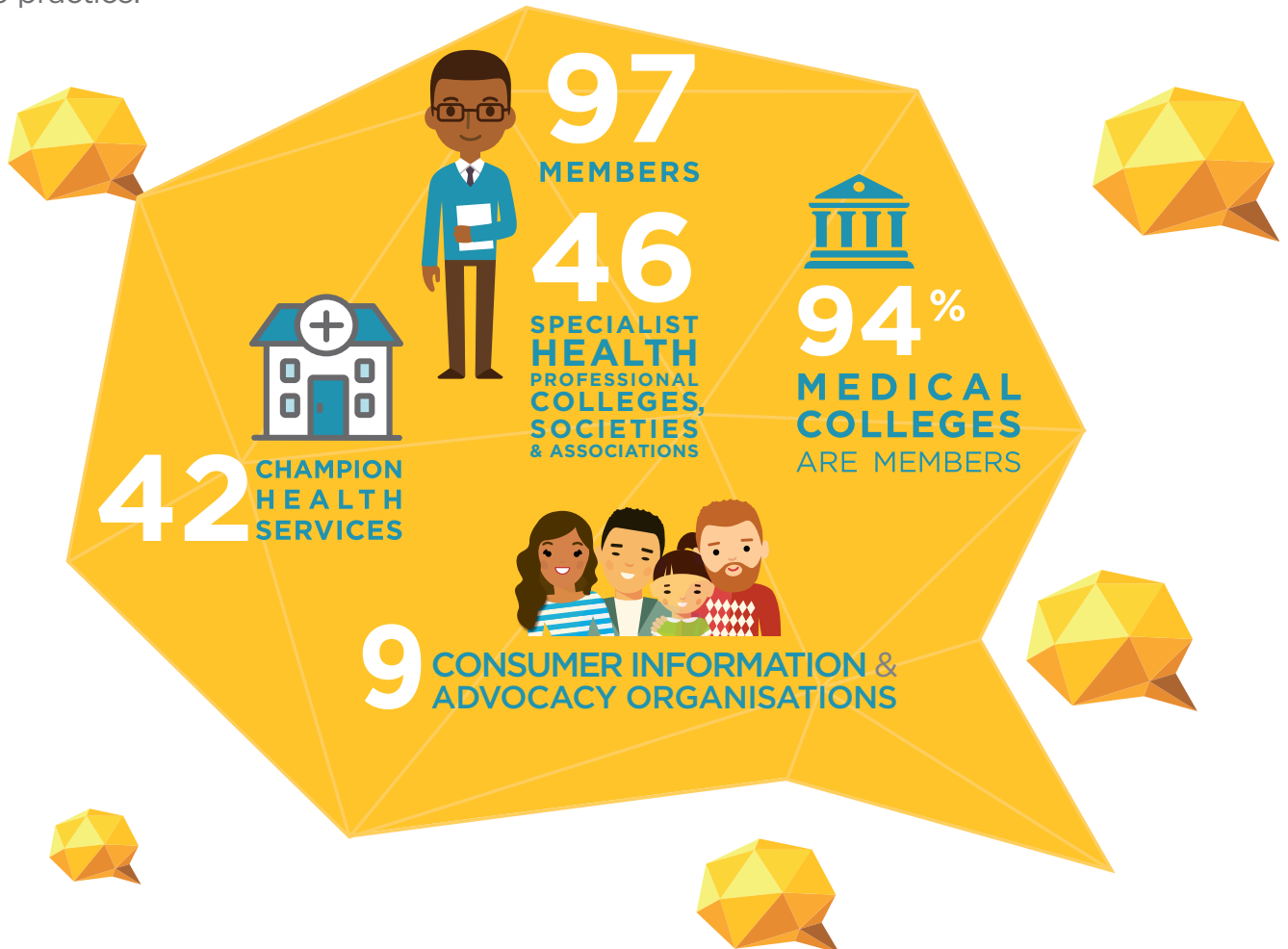


Align changes in clinical practice within the broader health system and health policy to reduce unnecessary tests, treatments and procedures.

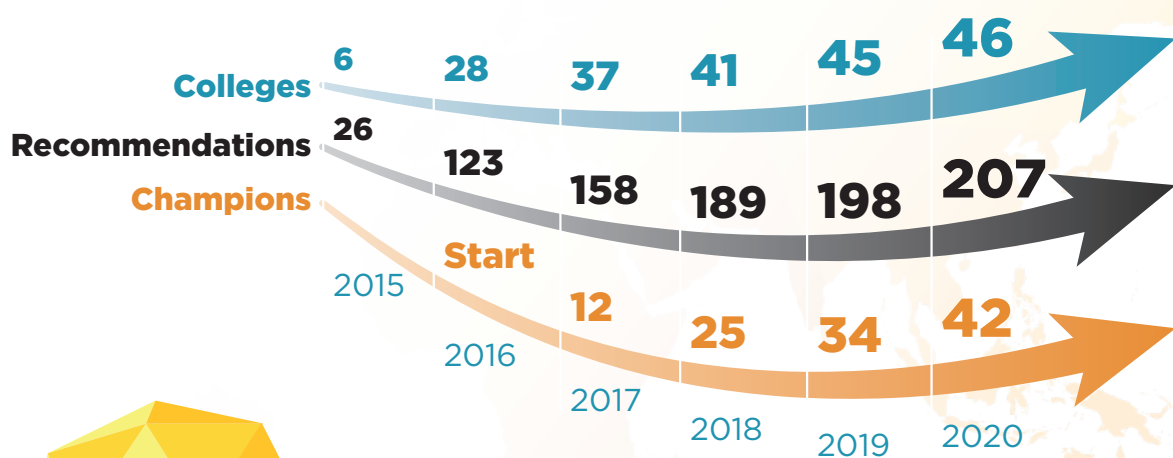


Choosing Wisely in Australia

The initiative was launched in 2015 with just 6 health professional colleges publishing 26 recommendations. It is now a network of 97 health organisations comprising Champion Health Services, specialist colleges and consumer organisations. There are now 207 recommendations and a range of implementation activities to put the recommendations into practice.



Growth of Choosing Wisely Australia since 2015



Why become a Champion Health Service?

By becoming a Choosing Wisely Champion Health Service your organisation will be making a concerted contribution to reducing unnecessary care and improving health care outcomes in Australia.

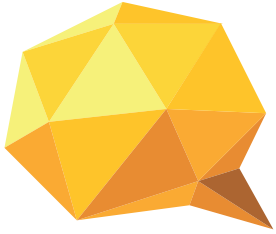
Key opportunities:

- Attend regular forums such as meetings and webinars with other health services, health professional colleges, societies, associations and consumer organisations where you can share ideas and inspiration to improve the quality of care you provide.
- Access real life examples of how Champion Health Services have implemented projects to improve patient care.
- Connect and collaborate with a network of like-minded professionals to reach a common goal.
- Access toolkits and resources to help you implement change in your own health setting.

“Equipping consumers with the knowledge and confidence to ask questions and have informed discussions with their health care providers about the right treatment choices for them, their preferences and personal circumstances leads to better health care delivery that ensures quality, safety and, importantly, positive patient experiences.”

Leanne Wells
Consumer Health Forum





“Becoming a Choosing Wisely Champion Health Service really galvanised efforts at the Royal Hobart Hospital to examine a wide range of processes and to reduce low value care across the whole organisation. Using resources provided by Choosing Wisely Australia and by drawing upon the experiences of this growing community of practice, I have been able to engage with almost every department in the hospital to reflect upon how they can reduce waste and to improve patient care. Through formal and informal projects the results and improvements are already apparent.”

Geoff Couser MBBS FACEM MEd

Senior Staff Specialist, Emergency Department, Royal Hobart Hospital, Clinical Associate Professor, School of Medicine, University of Tasmania, Clinical Lead, Choosing Wisely, Tasmanian Health Service



“Choosing Wisely provides a powerful, unifying platform to help our patients and health professionals talk to each other about tests, treatments and procedures that may be of limited benefit. Encouraging questions about the benefits, risks, alternatives, doing nothing and delivery options leads to much more meaningful conversations. Regardless of the specialty our staff work in, the relevance is clear – it’s very difficult to suggest the Choosing Wisely principles don’t apply to your area! Choosing Wisely encourages us to work collaboratively with our consumers in delivering safe and high-quality care. The support provided by NPS MedicineWise, along with the sense of community they have created amongst Champion Health Services, has been instrumental in ongoing success of our local program.

The Sunshine Coast Hospital and Health Service is proud to be a Choosing Wisely Champion Health Service.”

Dr Morne Terblanche

Anaesthetist, Chair Clinical Council, Chair Choosing Wisely Faculty

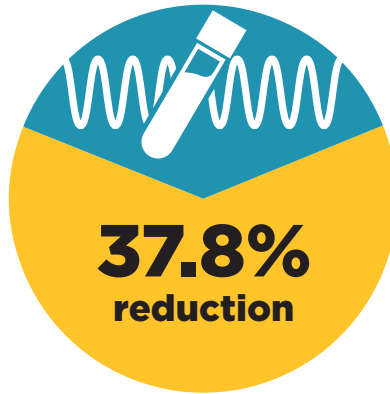


Making an impact

A number of Champion Health Services have reported how they are making a difference to reduce low value care and improve health outcomes



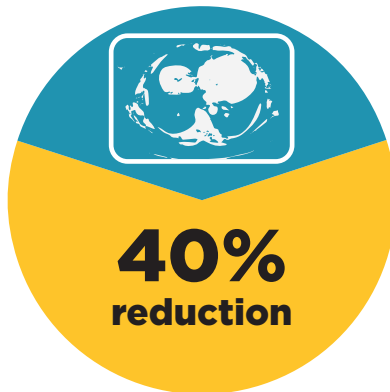
Cannulas inserted into the antecubital fossa
Sunshine Coast University Hospital



In coagulation studies across the hospital
Austin Health



Routine CXR and bronchodilators in the management of bronchiolitis
Royal Children's Hospital Melbourne



Unnecessary pulmonary embolism imaging scans over 12 months
Eastern Health



Unnecessary pathology tests in EDs
Box Hill, Maroondah and Angliss Hospitals

29 co-designed ideas to support a shared decision making national health care priority

Sunshine Coast Hospital and Health Service

5 questions resources embedded nationally across Champion Health Services












Choosing Wisely Champion Health Services

Hospitals and health services

 <p>Armadale Kalamunda Group (Western Australia)</p>	 <p>Austin Health (Victoria)</p>	 <p>Bendigo Health (Victoria)</p>
 <p>Cabrini Health (Victoria)</p>	 <p>Calvary Public Hospital Bruce (Australian Capital Territory)</p>	 <p>Canberra Health Services</p>
 <p>Child and Adolescent Health Service (Western Australia)</p>	 <p>Darling Downs Hospital and Health Service (Queensland)</p>	 <p>East Metropolitan Health Service (Western Australia)</p>
 <p>Eastern Health (Victoria)</p>	 <p>Gold Coast Health (Queensland)</p>	 <p>Goulburn Valley Health (Victoria)</p>
 <p>Illawarra Shoalhaven Local Health District (New South Wales)</p>	 <p>Joondalup Health Campus (Western Australia)</p>	 <p>Launceston General Hospital (Tasmania)</p>
 <p>Mackay Hospital and Health Service (Queensland)</p>	 <p>Mercy Health (Australian Capital Territory)</p>	 <p>Metro South Health (Queensland)</p>
 <p>Monash Health (Victoria)</p>	 <p>Northern Health (Victoria)</p>	 <p>Northern NSW Local Health District (New South Wales)</p>

Hospitals and health services

 <p>Health Northern Sydney Local Health District</p> <p>Northern Sydney Local Health District (New South Wales)</p>	 <p>Peninsula Health</p> <p>Peninsula Health (Victoria)</p>	 <p>The Royal Children's Hospital Melbourne</p> <p>Royal Children's Hospital (Victoria)</p>
 <p>RHH ROYAL HOBART HOSPITAL</p> <p>Royal Hobart Hospital (Tasmania)</p>	 <p>Royal Perth Bentley Group (Western Australia)</p>	 <p>RBWH Metro North Hospital and Health Service Queensland Government</p> <p>Royal Brisbane and Women's Hospital (Queensland)</p>
 <p>Sir Charles Gairdner Osborne Park Health Care Group (Western Australia)</p>	 <p>Health South Eastern Sydney Local Health District</p> <p>South Eastern Sydney Local Health District (New South Wales)</p>	 <p>Government of Western Australia Department of Health South Metropolitan Health Service</p> <p>South Metropolitan Health Service (Victoria)</p>
 <p>ST JOHN OF GOD Midland Public & Private Hospitals</p> <p>St John of God Midland Public and Private Hospitals (Western Australia)</p>	 <p>ST VINCENT'S HOSPITAL MELBOURNE</p> <p>St Vincent's Hospital Melbourne (Victoria)</p>	<p>Sunshine Coast Hospital and Health Service Exceptional people. Exceptional healthcare.</p> <p>Sunshine Coast Hospital and Health Service (Queensland)</p>
 <p>Swan Hill District Health <i>my hospital</i></p> <p>Swan Hill District Health (Victoria)</p>	<p>TASMANIAN HEALTH SERVICE</p>  <p>Tasmanian Government</p> <p>Tasmanian Health Service</p>	<p>The Prince Charles Hospital Metro North Hospital and Health Service</p>  <p>Queensland Government</p> <p>The Prince Charles Hospital (Queensland)</p>
 <p>Townsville Hospital and Health Service</p> <p>Townsville Hospital and Health Service (Queensland)</p>	<p>Western Health</p>  <p>Western Health (Victoria)</p>	 <p>WEST GIPPSLAND HEALTHCARE GROUP</p> <p>West Gippsland Healthcare Group (Victoria)</p>
<p>West Moreton Health</p>  <p>Queensland Government</p> <p>West Moreton Health (Queensland)</p>	 <p>Government of Western Australia WA Country Health Service</p> <p>Western Australia Country Health Service - Wheatbelt</p>	 <p>Wide Bay Hospital and Health Service Queensland Government</p> <p>Wide Bay Hospital and Health Service (Queensland)</p>
 <p>Government of South Australia SA Health</p> <p>Women's and Children's Health Network (South Australia)</p>		

Colleges, societies and associations

 <p>Gastroenterological Society of Australia</p>	 <p>Haematology Society of Australia and New Zealand</p>	 <p>Human Genetics Society of Australasia</p>
 <p>Internal Medicine Society of Australia and New Zealand</p>	 <p>Medical Oncology Group of Australia</p>	 <p>Paediatrics & Child Health Division of The Royal Australasian College of Physicians</p>
 <p>Pharmaceutical Society of Australia</p>	 <p>Royal Australian College of General Practitioners</p>	 <p>Royal Australasian College of Medical Administrators</p>
 <p>Royal Australasian College of Physicians</p>	 <p>Royal Australasian College of Surgeons</p>	 <p>Society of Obstetric Medicine of Australia and New Zealand</p>
 <p>Society of Hospital Pharmacists of Australia</p>	 <p>The Australian Society of Otolaryngology Head and Neck Surgery</p>	 <p>The Australasian College of Dermatologists</p>
 <p>The Royal Australian and New Zealand College of Obstetricians and Gynaecologists</p>	 <p>The Royal Australian and New Zealand College of Radiologists</p>	 <p>The Royal Australian and New Zealand College of Ophthalmologists</p>
 <p>The Royal College of Pathologists of Australasia</p>	 <p>Thoracic Society of Australia and New Zealand</p>	 <p>The Australasian Chapter of Addiction Medicine</p>

Consumer information and advocacy organisations

 <p>Consumers Health Forum of Australia</p>	 <p>Healthdirect Australia</p>	 <p>Health Care Consumers Association ACT</p>
 <p>Health Consumers NSW</p>	 <p>Health Consumers Queensland</p>	 <p>Health Consumers WA</p>
 <p>Tasmania HealthPathways</p>	 <p>Health Consumers TAS</p>	 <p>Public Health Services, Department of Health Tasmania</p>



Choosing Wisely Australia

An initiative of NPS MedicineWise

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Independent, not-for-profit and evidence-based, NPS MedicineWise enables better decisions about medicines, medical tests and other health technologies. NPS MedicineWise receives funding from the Australian Government Department of Health to support Choosing Wisely Australia.
ABN 61 082 034 393 CW2373

